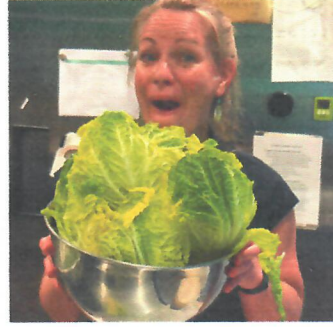
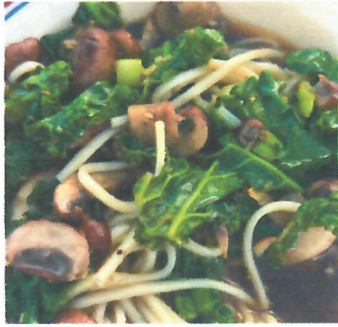


Wellness Collective



Seeds to Start Impact Snapshot—2024/2025

Thank you for supporting the Wellness Collective's Meal Support Circle through Moonflower Cooperative's \$1,000 Seeds to Start Grant. Your investment helped launch and sustain a weekly Nutrition Support Project rooted in dignity, nourishment, and community connection from December 2024 through September 2025.

The Meal Support Circle was designed as a facilitated, relationship-based program that combined shared meals, nutrition education, and supportive conversation. Over the course of the program, we served **202 participants, shared 500 pounds of food**, and supported participants through consistent, welcoming gatherings that prioritized access to nourishing food without stigma or barriers.

As outlined in our original proposal, the majority of the Seeds to Start grant was allocated toward food for meal preparation. A significant portion of those food funds—**approximately 40% of the total grant—was reinvested directly back into Moonflower Cooperative** through the purchase of fresh, locally sourced ingredients for weekly meals. These purchases included produce, grains, and staple ingredients that aligned with Moonflower's values of community health, local food systems, and cooperative economics.

The remaining funds supported complementary program needs, including educational materials for participants, outreach to ensure accessibility, and basic cooking and meal supplies—allowing the program to operate smoothly and consistently throughout its run.

Moonflower's support helped make it possible to create meals that were not only nourishing, but intentional—meals that fostered connection, learning, and a sense of belonging. We are deeply grateful for your partnership and for your continued commitment to local, community-centered wellness initiatives.

With sincere appreciation,

Breann Davis, Executive Director

On behalf of the Wellness Collective

