



**Ask about membership!  
\$20/year or \$100/LIFETIME**

**August Owner Deals**  
*Look For Green Tags in Grocery*

## Snacks and Drinks



### Amy & Brian's Original Coconut Water

**\$3.95 ea—Save \$.45**

Not all coconut waters are created equal. Amy & Brian's non-GMO coconut water, backed by a 15-year history of family, farm and freshness, is 100% natural, not from concentrate pure juice rich in electrolytes and potassium.

### Chapul Cricket Bars, various flavors

**\$3.00, \$2.75ea—Save \$.30**

Each gourmet, all natural bar is fortified with Chapul Cricket Flour. Chapul cricket protein flour is a complete protein that is high in iron, vitamin B12, prebiotic fiber, and rich in Omega 3's.



## Pantry

### Californie Extra Virgin Olive Oil

**\$14.50 ea—Save \$1.65**

We cold press our award winning 100% California grown olives within hours of picking for a fresher taste. Our distinct green bottle keeps our sustainably grown, premium extra virgin olive oil fresh longer. The New Taste of Fresh!



### Aunt Patty's Tamarind Paste

**\$7.60 ea—Save \$.90**

Tamarind paste is the pure concentrated form of the tamarind tree fruit. It's used to add a distinctive flavor to Pad Thai, chutneys, curries, sauces and stir fry recipes. Try adding it to your homemade barbecue sauce for pork or beef.



## Meat & Dairy



### Laloo's Ice Cream

**\$5.50 ea—Save \$.60**

Get your goat on and grab a spoon to join the goat milk revolution. It's real dairy! A rich, decadent fusion of chocolate and cacao.

### Kite Hill Cream Cheese Alternative

**\$7.00 ea—Save \$.75**

Our cream cheese style spreads are made with all natural ingredients to create a complex flavor and a velvety smooth texture. Each batch is cultured to add depth, sweetness, and a subtle tang. Our spread is great smeared on a bagel, or served alongside fresh fruit or grilled vegetables



*Prices good on in-stock items only*  
*Store hours: 8 AM to 8 PM, 7 days a week, 435-259-5712*